

Lake Stevens Journal

October 29, 2008

Change your clocks, change your batteries

JOURNAL STAFF

Sunday, Nov. 2 at 2 a.m. is the official time in which your clocks will need to "fall back" an hour. Of course, if you're like most Americans, you may choose to set them back an hour or so before you go to bed on Saturday evening so you don't forget.

This time change marks not only the end

of daylight saving-time, it also marks the time of year when you are encouraged to change the batteries in all of your smoke detectors.

Batteries should be changed in smoke detectors at least twice a year. The "fall back" and "spring forward" time changes are great reminders of changes that need to happen twice a year: clocks and batteries!