

Tips to Prevent Poisoning

Children are curious and they move fast - which is why parents and grandparents need to keep all potentially hazardous substances locked up and out of reach.

Poison Prevention Tips:

- **Use child-resistant packaging** properly by closing the container securely after you use it. (And remember, it is only child-resistant, not child proof.)
- **Keep all chemicals**, medicines, and supplements locked up and out of sight.
- **Call the poison center** immediately in case of poisoning. Keep activated charcoal tablets on hand (but use them only if the poison center tells you to). Keep this number by your phone: 1-800-222-1222. It will connect you to the nearest poison control center.
- **When using a product**, don't let your child out of sight -- even if you must take them with you to answer the phone or doorbell.
- **Keep all products** in their original containers. Leave their original labels on (and read label warnings).
- **Don't put decorative lamps** and candles that contain lamp oil where children can reach them.
- **Always have the light on** when giving or taking medicine. Check the dosage every time.
- **Avoid taking medicine** in front of children. Don't refer to medicine as "candy".
- **Clean out your medicine cabinet** at least once a year and safely dispose of unneeded and outdated medicines.

Source: U.S. Consumer Product Safety Commission