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Date: October 30, 2018

FOR IMMEDIATE RELEASE

Change Your Clocks, Check Your Batteries & Practice Your Plan!

Fall has arrived, daylight hours are decreasing, and November is right around the corner. Sunday, November 4th at 2am is the official time in which your clocks will need to “fall back” an hour. Many people choose to set them back Saturday evening before going to bed.

Remember, smoke alarms save lives. Roughly two-thirds of home fire deaths occur in homes that do not have working smoke alarms. Test your alarms monthly to be sure they work properly. Typically, 9-volt batteries should be checked once per month and changed once per year, while ten-year lithium batteries just need to be tested on a monthly basis to ensure they are working properly.

After storms that cause power outages, please remember to test your alarms and replace the batteries, if needed. Additionally smoke alarms expire after ten years, so check the back of the smoke alarm and look for its manufactured date. If your smoke alarm was made before 2008, it's time to replace it.

This is also a great time to practice your fire escape plan. It takes less than five minutes to plan your escape, if you haven't already done so. Simply draw out the floor plan of your home, identify two ways out of every room, establish a meeting place outside, and practice it twice a year. Make sure that every family member knows how to get out of every room and knows where your family meeting place is located. A safe place to keep your fire escape plan is on your refrigerator, so that you can reference it throughout the year.

As Daylight Saving Time ends, Lake Stevens Fire reminds you to change your clocks, check your smoke alarm batteries and practice your escape plan!

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